

PULLED PORK MEAL

Pulled Pork Sandwiches - Tangy, delicious slow cooked pulled pork dressed with coleslaw and blue cheese. (buns included)

Honey mustard chicken breasts

Kale with green beans & mushrooms

Roasted asparagus

Brown Rice

Salad with olive oil vinaigrette

CHICKEN FRANCESE MEAL

Chicken Francese - organic chicken with sun-dried tomatoes sautéed in a lemon butter white wine sauce.

Meatballs in Tomato Sauce - organic ground beef, organic ground pork, GF bread crumbs, egg, parsley, garlic, salt and pepper

Pasta with tomato basil sauce

Vesuvio Potatoes with peas & shallots

Brussel sprouts with pancetta & balsamic reduction

Roasted broccoli

Italian Garbage Salad - mixed greens, tomato, cucumber, garbanzo beans, olives dressed with an olive oil vinaigrette

SHRIMP FRANCESE MEAL

Shrimp Francese - shrimp with sun-dried tomatoes sautéed in a lemon butter white wine sauce.

Porkchops Velasco with Perpperoncini

Roasted green beans & potatoes

Brown rice

Sauteed spinach

Roasted broccoli

Italian Garbage Salad - mixed greens, tomato, cucumber, garbanzo beans, olives dressed with an olive oil vinaigrette